

## Appendix D

**Table 1. Percentages of the U.S. population whose intake is less than the Daily Value of potassium by age and gender from CSFII, 1994-96**

Age/Gender Group	N	Percentage of Population Consuming <70% of the Daily Value	Percentage of Population Consuming less than the Daily Value
<b>All, 2 years and older</b>	<b>14,144</b>	<b>52.2</b>	<b>82.4</b>
Male	7,232	38.3	71.6
Female	6,912	65.9	93.0
<b>2-17 year olds</b>	<b>4,656</b>	<b>64.4</b>	<b>90.1</b>
Male	2,350	55.3	85.0
Female	2,306	74.0	95.4
<b>18-24 year olds</b>	<b>1,077</b>	<b>54.6</b>	<b>82.6</b>
Male	563	39.4	71.0
Female	514	71.4	95.5
<b>25-50 year olds</b>	<b>3,969</b>	<b>46.3</b>	<b>77.5</b>
Male	2,039	29.7	63.4
Female	1,930	63.4	92.0
<b>51 years or older</b>	<b>4,442</b>	<b>48.1</b>	<b>82.2</b>
Male	2,280	33.1	70.8
Female	2,162	60.0	91.2

Means and percentages are sample weighted.

Daily Value is 3,500 mg/d potassium.

CSFII: Continuing Survey of Food Intake by Individuals, conducted by USDA.

Sample includes those completing two 24-hr recall dietary interviews, and includes breastfed children and pregnant/lactating women. Daily intake is the average of two days of intake.

## Appendix D

**Table 2. Percentages of non-Hispanic whites in the U.S. whose intake is less than the Daily Value of potassium by age and gender from CSFII, 1994-96**

Age/Gender Group	N	Percentage of Population Consuming <70% of the Daily Value	Percentage of Population Consuming less than the Daily Value
All, 2 years and older	10,265	49.5	81.3
Male	5,330	35.2	69.7
Female	4,935	63.6	92.7
2-17 year olds	2,985	62.4	88.7
Male	1,525	52.6	82.5
Female	1,460	73.1	95.6
18-24 year olds	742	53.1	82.6
Male	397	39.3	71.4
Female	345	69.1	95.6
25-50 year olds	2,920	44.3	76.9
Male	1,530	27.1	62.4
Female	1,390	62.2	91.9
51 years or older	3,618	45.1	81.0
Male	1,878	29.6	68.4
Female	1,740	57.2	90.8

Means and percentages are sample weighted.

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**Table 3. Percentages of non-Hispanic blacks in the U.S. whose intake is less than the Daily Value of potassium by age and gender from CSFII, 1994-96**

Age/Gender Group	N	Percentage of Population Consuming <70% of the Daily Value	Percentage of Population Consuming less than the Daily Value
All, 2 years and older	1,758	66.4	88.9
Male	799	52.7	81.7
Female	959	77.9	95.0
2-17 year olds	700	73.1	93.0
Male	322	66.3	89.5
Female	378	78.9	96.0
18-24 year olds	139	67.1	88.6
Male	66	48.7	80.5
Female	73	83.1	95.6
25-50 year olds	419	59.9	82.9
Male	177	43.0	71.3
Female	242	74.3	92.8
51 years or older	500	66.3	92.7
Male	234	50.3	87.7
Female	266	79.0	96.7

Means and percentages are sample weighted.

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Sample includes those completing two 24-hr recall dietary interviews, and includes breastfed children and pregnant/lactating women. Daily intake is the average of two days of intake.

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**Table 4. Percentages of Hispanics in the U.S. whose intake is less than the Daily Value of potassium by age and gender from CSFII, 1994-96**

Age/Gender Group	N	Percentage of Population Consuming <70% of the Daily Value	Percentage of Population Consuming less than the Daily Value
All, 2 years and older	1,579	55.1	83.7
Male	823	42.3	73.7
Female	756	68.7	94.3
2-17 year olds	752	66.0	92.2
Male	390	58.3	90.8
Female	362	74.2	93.7
18-24 year olds	145	52.3	81.9
Male	68	30.9	62.9
Female	77	71.2	98.7
25-50 year olds	452	47.5	78.5
Male	242	32.9	65.0
Female	210	64.3	94.0
51 years or older	230	53.4	79.3
Male	123	42.8	67.3
Female	107	63.9	91.3

Means and percentages are sample weighted.

Daily Value is 3,500 mg/d potassium.

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Sample includes those completing two 24-hr recall dietary interviews, and includes breastfed children and pregnant/lactating women. Daily intake is the average of two days of intake.